

Workshop Programme – Climate Change Resilience in Scotland: A Storytelling Approach – Monday 26th November 2018 – Glasgow, UK

Time	Session	Exercise/Activity	Objectives	Exercise/ Activity Leader
8:30 – 9:00	Arrivals & registration		Welcome, registration, caffeine; set-up tables	Melissa & Esther
9:00 – 10:00	Welcome, why we are here, & warm-up	Circle of objects exercise <i>20 min</i>	Get to know each other; warm-up	Ingrid & Julia
		Presentation: why we are here & workshop structure <i>10 min</i>	Describe the wider project & workshop objectives; Quickly overview schedule	Melissa, Esther & Ingrid
		Presentation: systems & interconnections <i>5 min</i>	Understand the importance of systems interconnections & interactions	Ioan
		Presentation: Hemingway's story, visual story, why we tell stories, & interactive exercise <i>30 min</i>	Explain the power of stories in the context of climate change; share what makes a story 'good'; express expectations & learning goals	Julia
10:00 – 10.45	Session 1: Chaos of stories	Timeline exercise <i>25 min</i>	Present a framing example to root exercises in real-world context; Collect different perspectives about climate resilience in Scotland	Ingrid, Melissa & Esther
		Plenary reflection <i>20 min</i>	Observe differences, similarities, connections in perspectives while working on the same events	Ingrid
10.45 – 11.00	Break		Rest	
11.00 – 12.00	Session 2: Stories, feelings and emotions	Contrasting tweet & text exercise <i>20 min</i>	Learn how to identify main elements of cognitive dissonance	Melissa, Esther, & Ingrid
		Evoking senses exercise <i>40 min</i>	Discover & relate associations and emotions within a text	Julia
12.00 – 12.45	Lunch		Rest	
12.45 – 14.15	Session 3: Creative writing session	Making a rain-song <i>5-10 min</i>	Energise everyone	Julia
		Non-human stakeholders exercise <i>20 min</i>	Promote empathy; Promote ideation and disruptive thinking; Reflect creatively and non-linearly on workshop case	Julia
		Meditation on a future state & creative writing exercise <i>30 minutes</i>	Imagine or meditate on future scenario & how to get there; Write the stories	Julia
		Small group discussions followed by sharing some key themes with the workshop <i>30 min</i>	Reflect on organically arising similarities and differences in story parts/themes	Ingrid & Julia

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		Presentation: Labov's 6 elements of storytelling <i>10 min</i>	Explain the main elements of storytelling, to identify them in our own stories	Julia
14.15 – 15.15	Session 4: Contextualisation & tools	Presentation: How to write powerful stories <i>15 min</i>	Provide general guidelines for powerful story writing; Think about framing and contextualising, language, and cultural values in stories	Ingrid
		Mind-mapping archetypes for systemic climate action exercise <i>30 minutes</i> (with tea & coffee available)	Think about framing and contextualising, language, and cultural values in stories	Ingrid
		Video: The Power of Storytelling <i>15 min</i>	Think about framing and contextualising, language, and cultural values in stories; Learn how to “sell your new story”;	Julia
15.15 – 16.15	Session 5: Summarising & reflecting on the techniques	Yes and... exercise <i>30 min</i>	Get us thinking about opportunities for improving practice and achieving more systemic approaches; Familiarise ourselves with others' perspectives of the problem space; Start toying with possible ways forward	Ingrid
		Title writing exercise <i>20 min</i>	Aggregate results & express essence of stories on climate resilience	Ingrid
		Learning & commitment exercise <i>10 min</i>	Reflect on how learnings (from these specific stories, or from storytelling techniques in general) can be applied going forward	Julia
16.15 – 17.00	Session 6: Harvesting & workshop reflection	Closing circle discussion on interactions <i>30 min</i>	Determine what, if any, insights into systems or interconnections can be extracted from this process	Ioan
		Art-based summary & reflection on the workshop <i>10-15 min</i>	Summarise the workshop in a memorable, impactful way; Feedback	Alanah, Julia & Ingrid
		Thank you <i>5 min</i>	Closing	Melissa & Esther