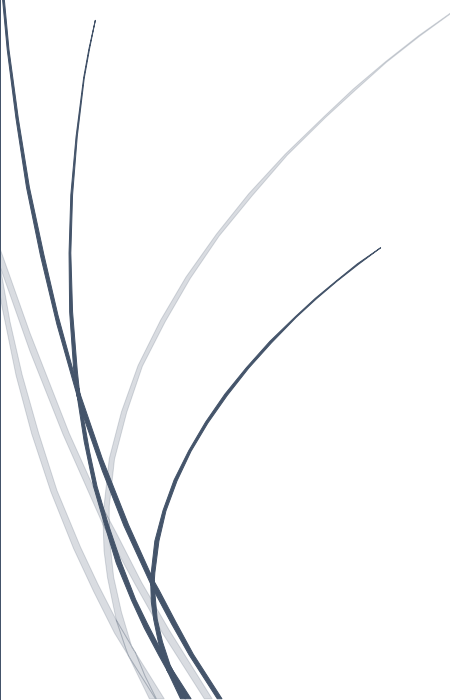


# Transcend

Collected poems from a creative workshop  
series on how to make research useful for  
Allied Health Professionals



## About this poetry collection

In Spring 2019, a group of researchers, creative experts and allied health professionals took part in a four-part workshop series in Dundee funded by the Scottish Universities Insight Institute.

The workshop series brought together diverse perspectives on one of the most pervasive problems in contemporary healthcare: how do we reduce the gap between research and practice to ensure that patients receive the best care?

The workshops explored what constitutes 'useful' research knowledge and generated ideas for novel ways of doing, presenting and using research in practice.

Throughout the workshop series, participants were invited to write poems to reflect on their experiences. Each of the following poems were written individually and submitted anonymously. This selected collection was subsequently edited together to capture the workshop journey.

The poetry collection provides professional – and personal – insights into transdisciplinary working. It extols the importance of openness, imagination, creativity and collaboration when approaching complex problems.

## Haiku

disconnected worlds  
cleaved by a fault line chasm  
progress is thwarted

no plan, no action  
reflects the problems at hand  
irritation builds

seeking a new way  
creatively travelling  
new roads and journeys

loose your expert mantle  
embrace learning like a child  
enjoy, value, create

imagination  
inspired by opening hearts  
brings unforeseen light

thoughtful discovery time  
at the creativity workshops  
has filled my heart with joy

a meeting of minds  
questions of complexity  
generate harmony

collaboration  
from different perspectives  
unified vision

with new ideas  
moving thought into action  
we all move forward

## Discovery

The hands and brains  
in this big-windowed room -  
“stroke rehab, mouth cancer,  
clinical interpretation...”  
I see a wide shivering river  
with many tributaries. Each one  
leading to a different family.  
And the currents under  
all these conversations:  
plain science, empathy.  
Complicated care.

## **Acknowledgements**

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