AFLE
AGE FRIENDLY LIVING ECOSYSTEM

INTRODUCTION TO PROJECT

AIMS: Unpack the concept of age friendly, intergenerational eco-system to support & provide opportunities for people of all ages to come together as valued & contributory members of society.

Develop intergenerational model of practice

All generations

Map current situation

Bring different sectors, discaplines & nations together

Health declines

Increasing urbanisation

Our population is aging

Develop ideas, spaces, research, policy & practice

Care Home

Seperate

ALL AGES ARE *important*

Design for all ages!

World Health Organisation Age friendly places

Old / Young

WHO is prioritised?

How does this affect health?

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INTERGENERATIONAL PLACES: CASE OF DUNDEE

Share knowledge

Recommendations

Equality + inclusion

Be proactive

14 Universities

Healthy Universities
Healthy Communities

full potential

Green spaces

Can we open these up even more?

great for our health

Lessons we learned

seeking out other voices

What is next for individuals?

Are universities

welcoming?

Transport

Challenges

attendence by undergraduates

Photos

Events

Heath & wellbeing
Working together
Recommendations

Bring people together

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VISUAL MAPPING OF IDEAS
AGE FRIENDLY PLACES & SPACES

Safety

Co-Design

Sense of BELONGING

Quick Fun!

Design spaces inside & out

cafe

Online or real life

Shared living

Play

Outdoors

beach

Open spaces are key

Wheelchair car

Denmark · Scotland · Canada · Lithuania · Australia · India · Slovakia · China

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INPUT, FEEDBACK & IDEAS FROM CHILDREN

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AGE is not a disease!

It's challenging to meet each other

Sound

cafe

After COVID re-engage with spaces

what learning can we carry through?

Quiet ♡

Multiple use of spaces

Fluid design

outdoor gym

Learning & play

fostering

Creativity

The Geek & the Geezer

Bridge Meadows

Include ALL ages

Bring all ages together + not just those in homes

You need to have the key

HEALTH FINANCE TRANSPORT

virtual

Emotional needs

companion

Shared interest

NHS - Near Me

Old Vic

Quality time with Family

Connectivity

Design spaces with senses in mind

How do we want to feel in a space

belong
v
use

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Flexible Space

accessible

Design to interact

Hi!

After Covid 19

belonging

sound

feel

actually integrate

Long term

eye-contact

Emobional

A sense of community

Built environment

Notice things

creative task

Connectivity

Play

Young + old like to play

OVERVIEW of REFLECTIONS and FINDINGS from Virtual Co-Creation Camp 1

Worldwide issues

live - socialise
Shops - farm - eat

Multi purpose

Timebanks

Volunteer

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INTERGENERATIONAL PLACES: Case of DUMFRIES

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Nursery
4 x Universities
Golf club
College
Church
Parkland
Homes
Swimming pool
Businesses

23 people per square kilometre

RURAL

We ♥ Steds

t-r-a-n-s-i-t-i-o-n

Places to meet

Outside is IMPORTANT

The estate is VERY busy

Consider grounds

Shelter

CORONAVIRUS | COVID-19
THE CRICHTON FUTURE

LOW working age population

CARE CAMPUS

Know young people

Flexible

moving walls

hidden equipment

HIGH over 65 population

21st Century Village

What MATTERS to you?

No ghettos

Community Hub & Intergenerational working space

Of every baby born, half will live until age of 100

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PEOPLE AND PLACE

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Share experiences

Inclusion

Activities

Join up

Doorstep access

Existing assets

Skill Share

Break down barriers

1 What are we trying to achieve?

Language

"The"

Good stories in media

Introduce supporting environments

Flexibility of rooms

2 What should we prioritise?

Finding & developing champions

Commitment to intergenerational spaces

Shared understanding

Overcome

Physical barriers

Where is the good news?

What are the shared activities?

How can people get to places?

Where do we locate/co-locate?

How do we combat suburban lonliness?

How do we create a safe environment?

3 What questions should we ask?

What have we learned from COVID19? - And - what can we do differently?

How do we make intergenerational design & work the norm?

... How do we give it longevity?

Who are the key people we need to speak to?

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BREAKOUT SESSIONS

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Respect

Culture

Relationships

China

Māori

family roles

Intergenerational working in natural environment

Ongoing learning & exchange

1 What are we trying to achieve?

Shared VALUES

Empowerment

control

choice

learning & Sharing

COVID 19 opportunities

What about children without grandparents & vice versa?

Can we explore what happens in other countries?

3 What questions should we ask?

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FEEDBACK AND IDEAS from OLDER PEOPLE

MATT

Lots of different areas

common themes

ENVIRONMENT

talk to each other

I'M NOT OLD

Exercise

Understanding

communication

Telephone tree

OLIVE

handy crafts

family stories

computer skills

FREDA

Letters of friendship

Intergenerational cafe

Soup & cake run

106

1 day

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CO-CREATING TRANSNATIONAL OPPORTUNITIES FOR INTERGENERATIONAL PLACE-MAKING:

Towards developing an age-friendly and intergenerational living ecosystem

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What does a living eco-system look like?

over time

Aim: *The aim is to improve the integration of older and younger people together in semi-public and public spaces towards through the conceptualisation of a living eco-system that is intergenerational, age-friendly, and supportive of opportunities for people as they age. The sub-aim is to enable older people to become more valued, connected and feel a sense of belonging in their community.*

& Younger

How do we want to work with other countries?

It may look different in different cultures

Objectives:

1. *To explore in Scotland, and learn from other countries, opportunities for intergenerational and age-friendly places and place-making: how they work, for whom and in what context, and what they fail to deliver.*
2. *To conceptualise and create a vision for an intergenerational and age-friendly living ecosystem with multi-generational stakeholders from across different global contexts, a range of disciplines and diverse sectors.*
3. *To examine multi-level constraints and facilitators of both internal and external environmental factors in terms of the individual, physical, social, service and digital landscape that shape age-friendliness and opportunities for intergenerational integration.*
4. *To develop an international, translatable community of practice to sustain the living eco-system concept beyond the remit of the research project, and, co-produce an intergenerational model-of-practice with and for older people.*

LANGUAGE
* Cross-generational?
Multi-generational?
Inter-generational?

* Address inequalities?

Questions:

1. *What are the apparent and missed opportunities for integrating older and younger people in semi-public and public spaces at the individual, physical, social level and amidst changing digital landscapes?*
2. *What are the multi-level constraints for integrating older and younger people in semi-public and public spaces across cultures and contexts?*
3. *How can we harness international expertise and experience across disciplines and sectors, and existing community assets to co-create an age-friendly and intergenerational living ecosystem?*

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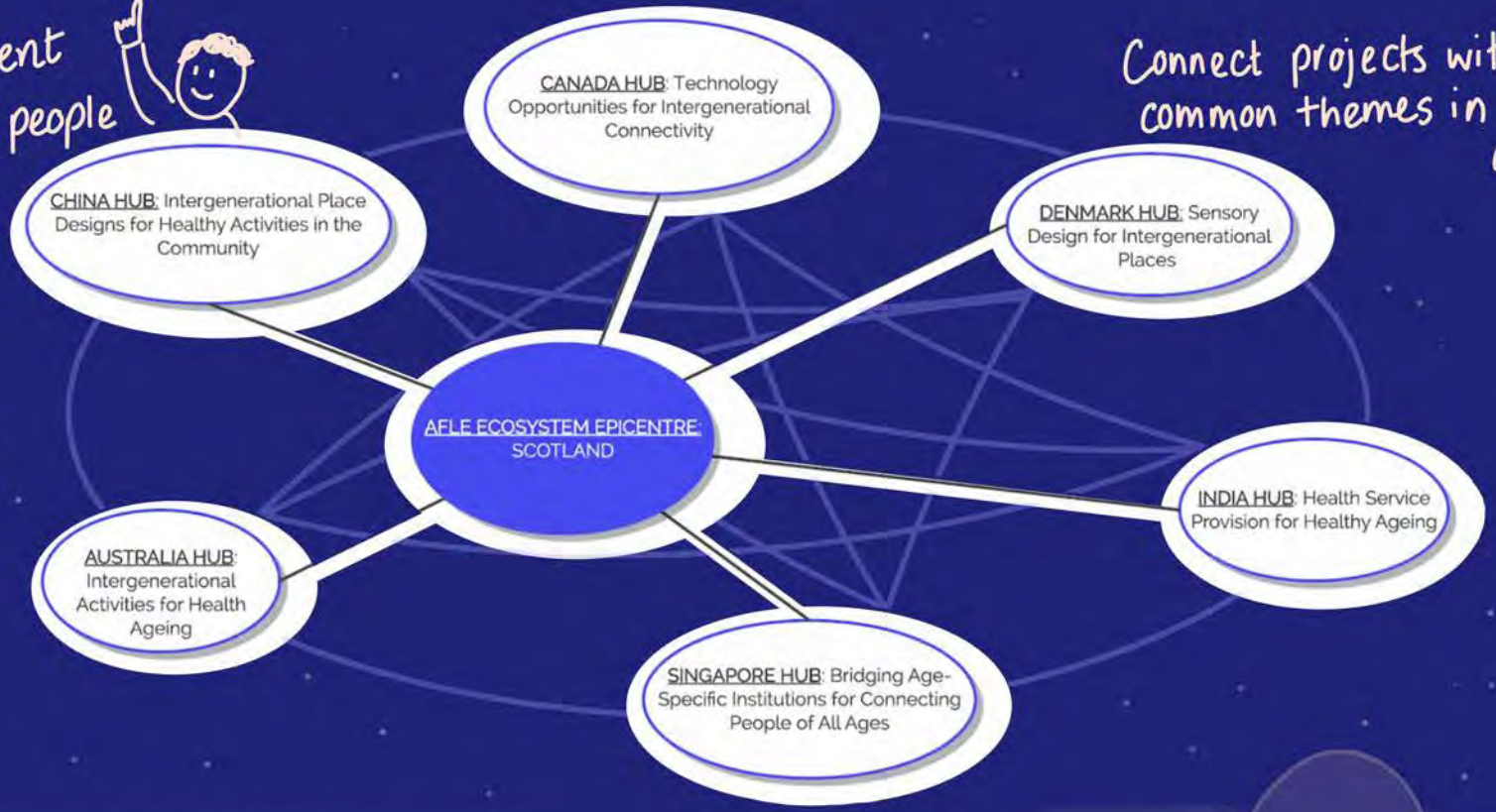
Dementia friendly design

Stirling can help engagement
↳ what makes people want to be involved

Societal
Community
Physical
Social
Individual

Operates on different levels



Connect projects with common themes in different countries

PROJECT APPROACH IDEAS & DISCUSSION

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SPACE & PLACE

Embedded through design

CULTURE & RELATIONSHIPS

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FEEDBACK

from comments, ideas in camps and the questionnaires

PRESENTATION OF KEY FINDINGS

WHAT HAVE FOLKS TOLD US?

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NEXT STEPS & ACTIVITIES FOR VCC4

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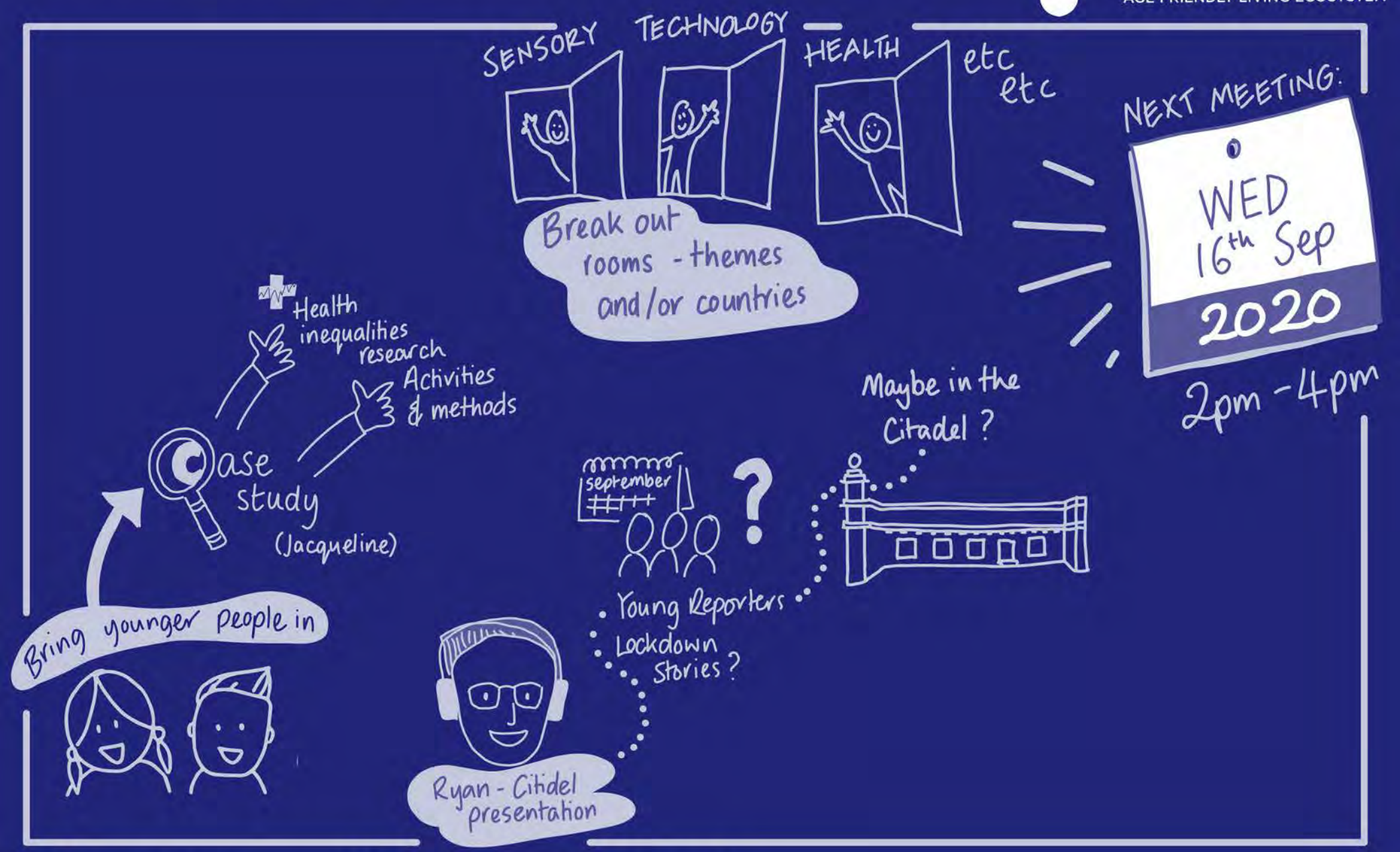

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BUILDING INTERGENERATIONAL PLACES AND SPACES IN CANADA

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ACTIVITIES TO DEVELOP A COMMUNITY OF PRACTICE

Organic & from community

Researchers & leaders move on

CAPSTONE KEYSTONE

Technology seen as a threat in some cultures

Allready in existance

Community Hall

NOT A PERSON

A place where younger people naturally go to

Build on Hubs in schools

lots of different backgrounds

Life happens here

What exists in community already ?

YMCAs

Voice

Housing Associations

Pensioner Association

Plan

INTERGENERATIONALITY as the norm

Promote

co-produce

Transformative

Promote research

STAYING ALIVE

Role models

Champion word of mouth

How do you get people in ?

HACKATHONS

Not just a solution but a relationship to grow

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Who have we not engaged with?

Narrow this project down to **2-3** points to target groups/people

OUTREACH

Drop into community groups

Story telling sessions

?

What worked?

What did not work?

What needs to happen?

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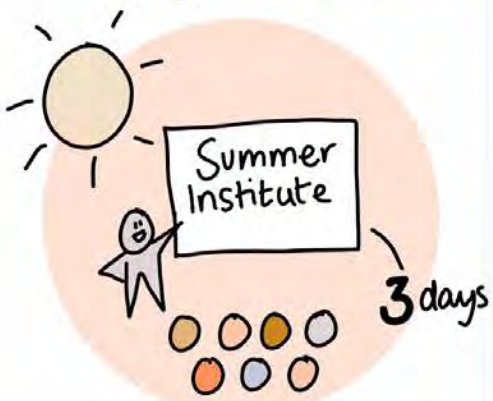
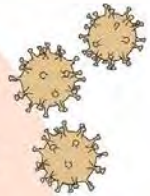


Agewell Personas

- Covid experiences
- intergenerational experiences



ACTIVITIES TO CAPTURE DIFFERENT VOICES

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One to One and in the community

Samples of people in community

Children & people in teams presenting

Play Areas posters

Walking audits

How?

Shared by the community

ACTIVITIES TO SHARE WHAT WE HAVE LEARNED

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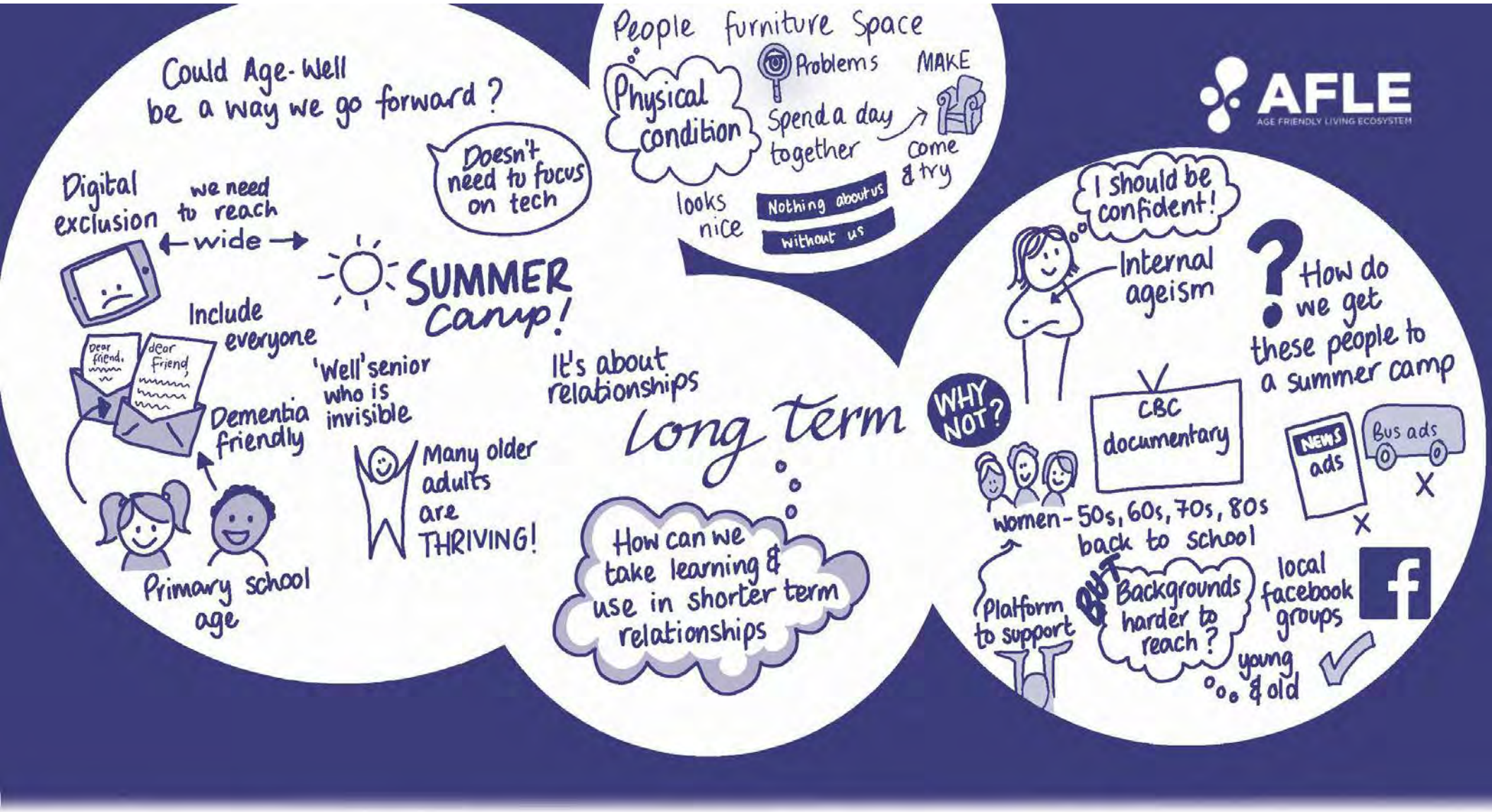

FULL GROUP DISCUSSION

OVERVIEW OF KEY FINDINGS

AND THOUGHTS AROUND POLICY

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SPACE AND PLACE

FLEXIBLE space
changing needs
design
All ages
How feel in space

CULTURE & RELATIONSHIPS

PLAY
- value -
together

CONNECTION & LEARNING

Culture
Global Learning

Improve integration of people of all ages to participate in society
→ public
→ semi public

Participation
?
Design
Policy
Opportunity
Education

Challenge ANY ageism
INCLUSIVE
Promote rights

Support ALL AGES
policy
ALL POLICY AREAS

Intergenerational approach to addressing issues
How - descriptive
SHARE basic needs
health
a place to live
employment
education

MODEL:
look for commonalities
Older people should NOT be singled out

Voice

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CASE STUDY: PLANNING AID SCOTLAND

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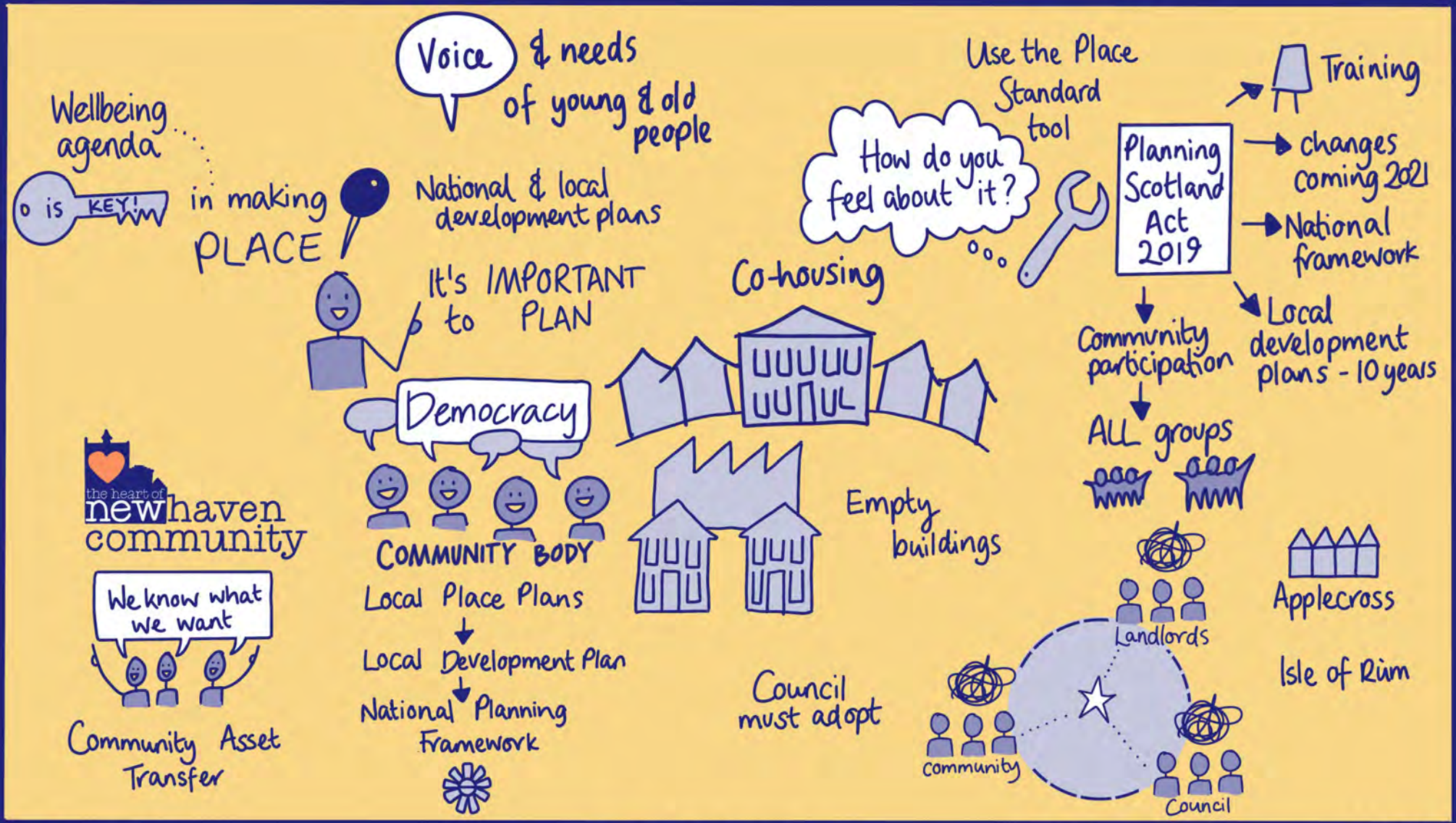

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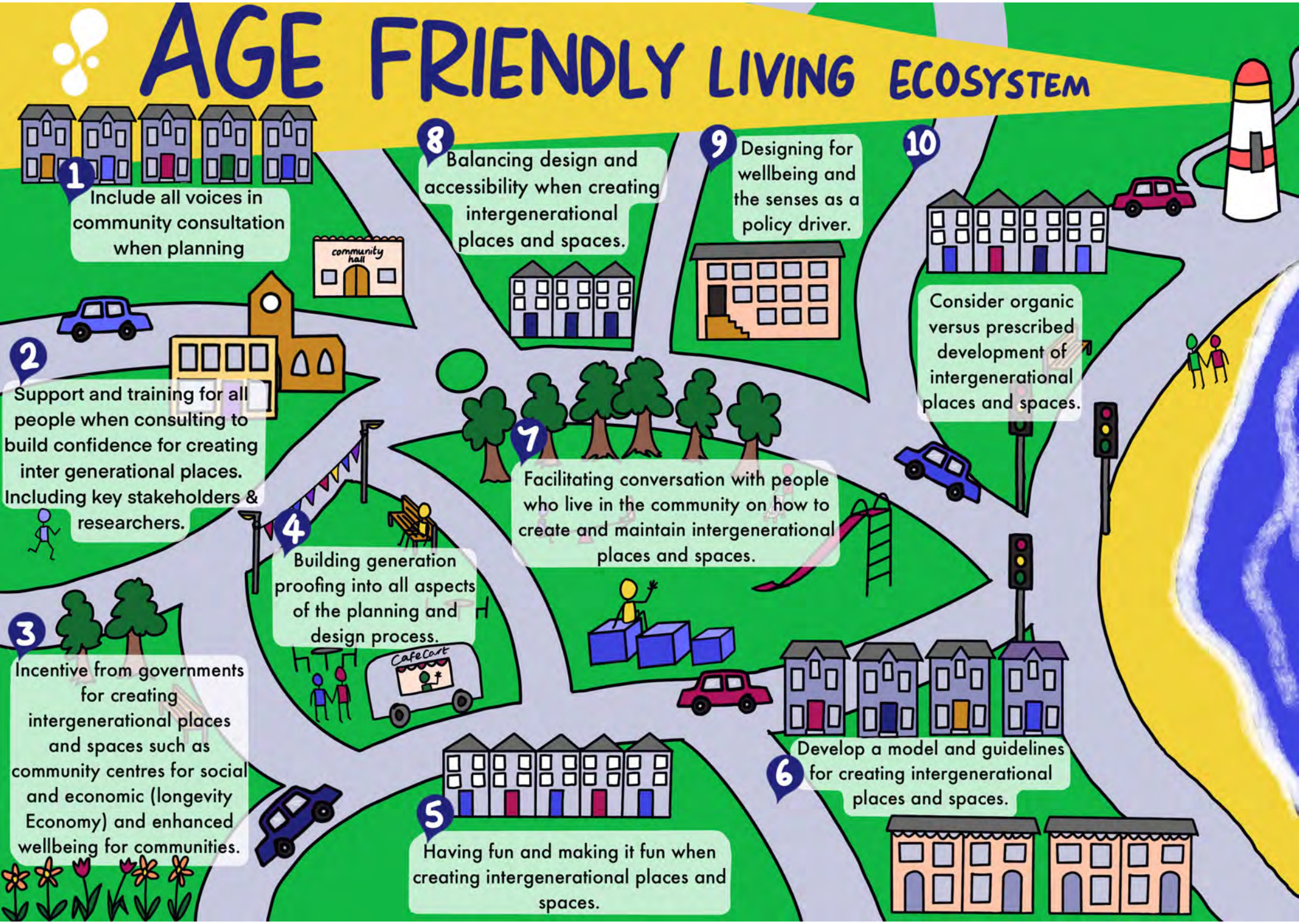

GROUP DISCUSSION

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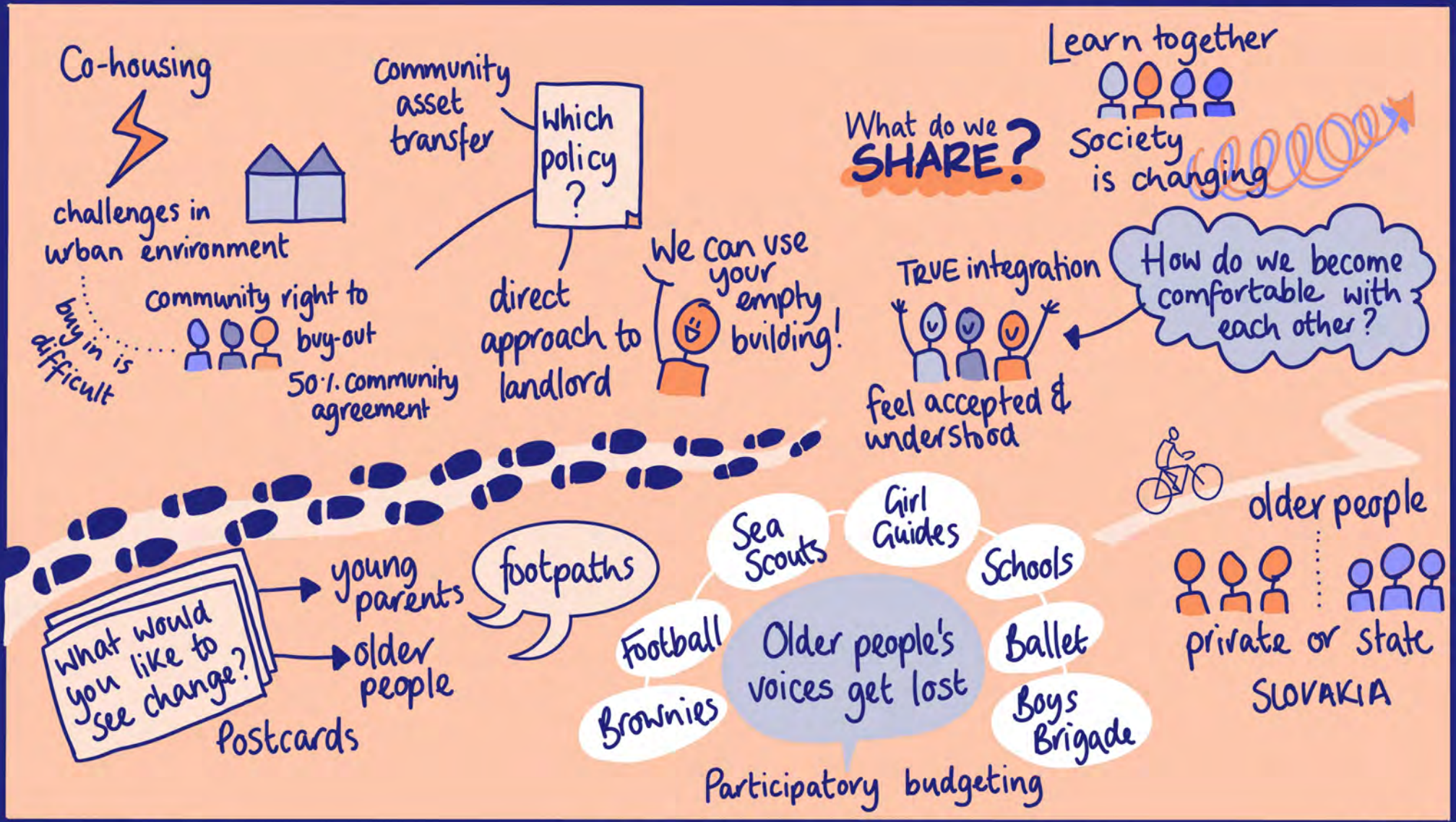

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KNOWLEDGE TRANSLATION AND IMPACT

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BREAKOUT GROUPS

Not just about books!

Libraries = place of trust

always accessible

Repair hub

Talk to people

Use skills in communities

Worker

Public space NOT a club!

Opening hours are key

Theatre

Cinema

CAFE

community

Clubs

We all benefit!

Influence Policy Makers

link to local & government targets --- link national objectives to communities

HARD evidence

Toolkit

start conversation

Case studies

Funding & Ownership

It takes time

Volunteers build slowly

I'm not old enough!

I've not lived here long enough!

schools

parents

working from home

accessible meetings

community & academic research

nursery

parents

teens

Older

Stop & Ask

Who else can we ask?

AFTER activities

INFORMAL EVALUATION

Open Approach

measure impact

Academic research makes a huge difference

Research back to policy

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FEEDBACK PRESENTATION AND DISCUSSION

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HIGHLINE
-NEW YORK-

Seen as positive
BUT
~ is it gentification?
~ is it too touristry?

KEY
- involve community
- all generations
- all sectors
- from the beginning

People want to be involved
THEY JUST NEED TO BE INVITED

See it as an
INVESTMENT
NOT a cost

Wellbeing has a huge
IMPACT
on economy

Evidence
Stories of impact on people's lives

Share feedback
on outcomes

Strategy / Action Plan
STRONG
as developed by people

FLEXIBILITY OF FUNDING

demonstrated during COVID → Really effective

Always allow for things to go wrong

CASE STUDY

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Seattle Central Library

opened in 2004

free

Living Room for the City

learn

Lots of spaces

all age events

business hub

IT

childrens

music

Auditorium

Exhibition space

How can we get such a design implemented?

How can we measure the impact of intergenerational design?

Marmalade Lane

co-housing

shared areas

gym

laundry

garden

Who are the benefactors of this intergenerational design?

What stategies can be applied to encourage policy makers, developers & communities to buy in

elevated railway line

City park

public space

Natural connections

Volunteers

OLD'S COOL

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Leith, Edinburgh

27% in poverty

mixed area
pockets of deprivation
- trendy bars & restaurants

Visual story telling

Graphic Facilitation

Super rewarding & fun!!!

Feedback → Old's Cool

Exhibited in the National Galleries

Digital Intergenerational Work

Technology
- Old people willing to learn
- Social element

SUPPORT

Meaningful activities between online sessions

learn & use regularly

1. Don't over complicate
2. Always have back up
3. Don't forget people's feelings
4. Not all about technology
5. Get passed the screen

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