

*From  
competition  
to  
collaboration*

Workshop two


# *What are we hoping for*

- Relationships are central and require safe spaces to talk (although meaning?)
- Extreme pressures challenge relationships - we need to avoid assumptions and reach a better understanding =
- Exchange knowledge - everyone brings wisdom and expertise of one type or another - all on a learning curve
- 4 workshops prioritizing different perspectives
- First was evidence/research focused
- Second one today is unpaid/informal carers
- Third one is 15<sup>th</sup> February = paid/formal carers
- Fourth and final is 25<sup>th</sup> and 26<sup>th</sup> April = policy

We will add to the website

<https://www.scottishinsight.ac.uk/Programmes/ScotlandinEurope/CollaborationinCare.aspx>

# *What will we cover today*

- Themes from workshop one
  - Carer diary project - time use in different countries - social and economic value of caring
  - Carer stories - magic and tragic moments
  - Break out rooms - promoting collaboration - reflecting on what you have heard from speakers
  - We'll take away the dialogue from today to work out the key themes and thread them into workshop three - a continuing conversation (audio recording/notes)
  - We are already having a conversation behind the scenes to try to work out how to ensure change happens
- 

*Care and caring are not valued as they should be and  
should be more visible*

*The importance of relationships to formal and informal  
carers, and people who are cared for, must be at the  
centre of how systems are organised*

*The importance of including all voices in well facilitated  
discussion about caring promotes better understanding  
and possibilities for collaboration*

*Themes from workshop  
one*



*Exchanging knowledge and expertise about caring is valuable, builds confidence and can promote collaboration but how far should it go*

*Do we need to (re)define a social contract for carers, including rights and responsibilities*

*How do we get a better balance between good policies and putting policies into practice*

*Themes from workshop  
one*

